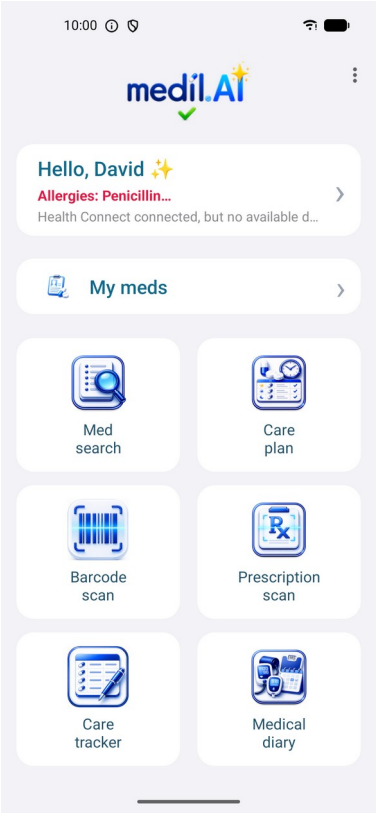
Medil AI Patient Guide

Search medications, build your personal list, schedule doses, and follow your health diary.

Scan to open medil.ai

When enabled, AI-assisted prescription OCR can be performed to facilitate transcription of medications and their associated instructions, provided the results are validated. In this short guide we show how the workflow can be performed manually, which is the reliable method to enter a prescription.

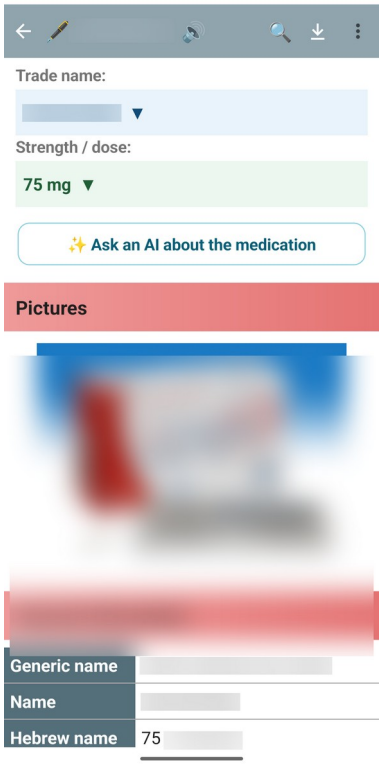


1. Start from the home screen

The home screen is your starting point. Some of the buttons may be disabled if some services (barcode, prescription scan) are not available in your country.

2. Search for a medication

Search by brand name or active ingredient — including the names you know from home, in your language. Typing a brand that belongs to a family shows it as a hint inside that family. Search also works offline.

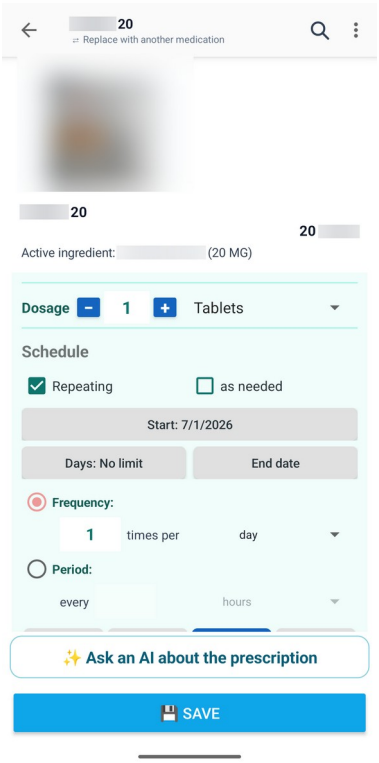


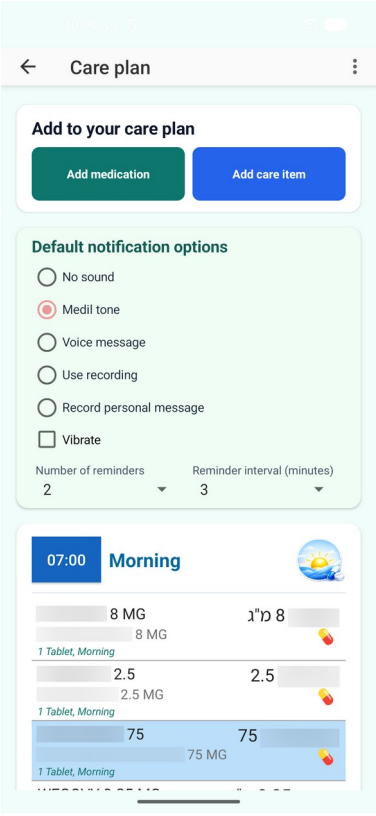
3. Search the medication database

Use Med search to find a medication by brand name or active ingredient. Its details page helps you understand the active ingredients, route, indications and pharmacology, and gives access to official notices, pictures and other available national information. Use the pen button to add it to My Meds with your personal prescription instructions.

4. Define your medication instructions

Tap the pen on a given medication, and you can add it to your medications with the dose, unit, frequency, timing, and treatment type. The example shows a once-daily tablet.



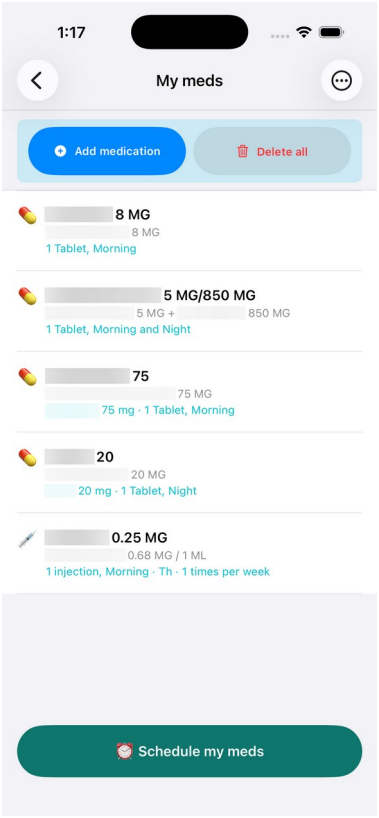


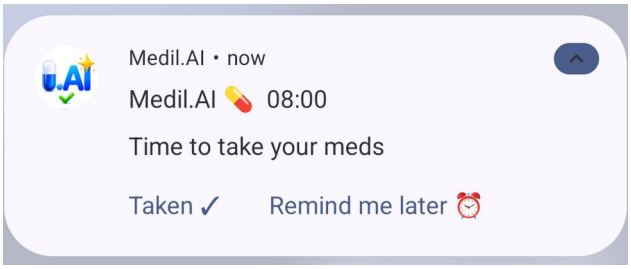
5. Choose when and how to receive notifications

Use the scheduler to define which medication you want to be reminded of taking and at what time, so that it matches your daily routine.

6. Manage your medications

The My Meds screen keeps your personal medication list. You can edit, add, or delete medications from your meds, display and export the list, and print it.



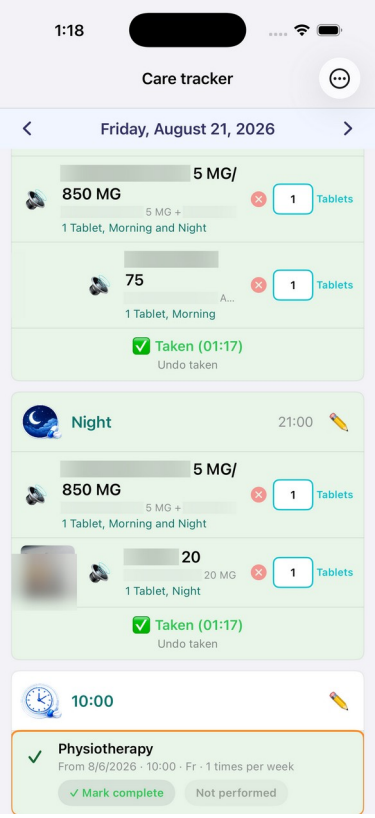


7. Receive a medication reminder

When a scheduled dose is due, Medil displays a medication reminder. Tap the notification to open Care tracker for that date and time.

8. Track taken doses

Care tracker can also be opened directly from the app. Confirm the doses you have taken and add remarks when useful. Confirming a dose stops further reminders for that dose.



9. Review the medical calendar

With Medil AI+, review your medication history alongside health measurements in the Medical diary. With your permission, Medil can copy existing steps and measurements from Apple Health or Health Connect into the diary; you can also enter measurements manually. The calendar, charts, print and export tools are included during the free trial.

10. Compare trends with medication uptake

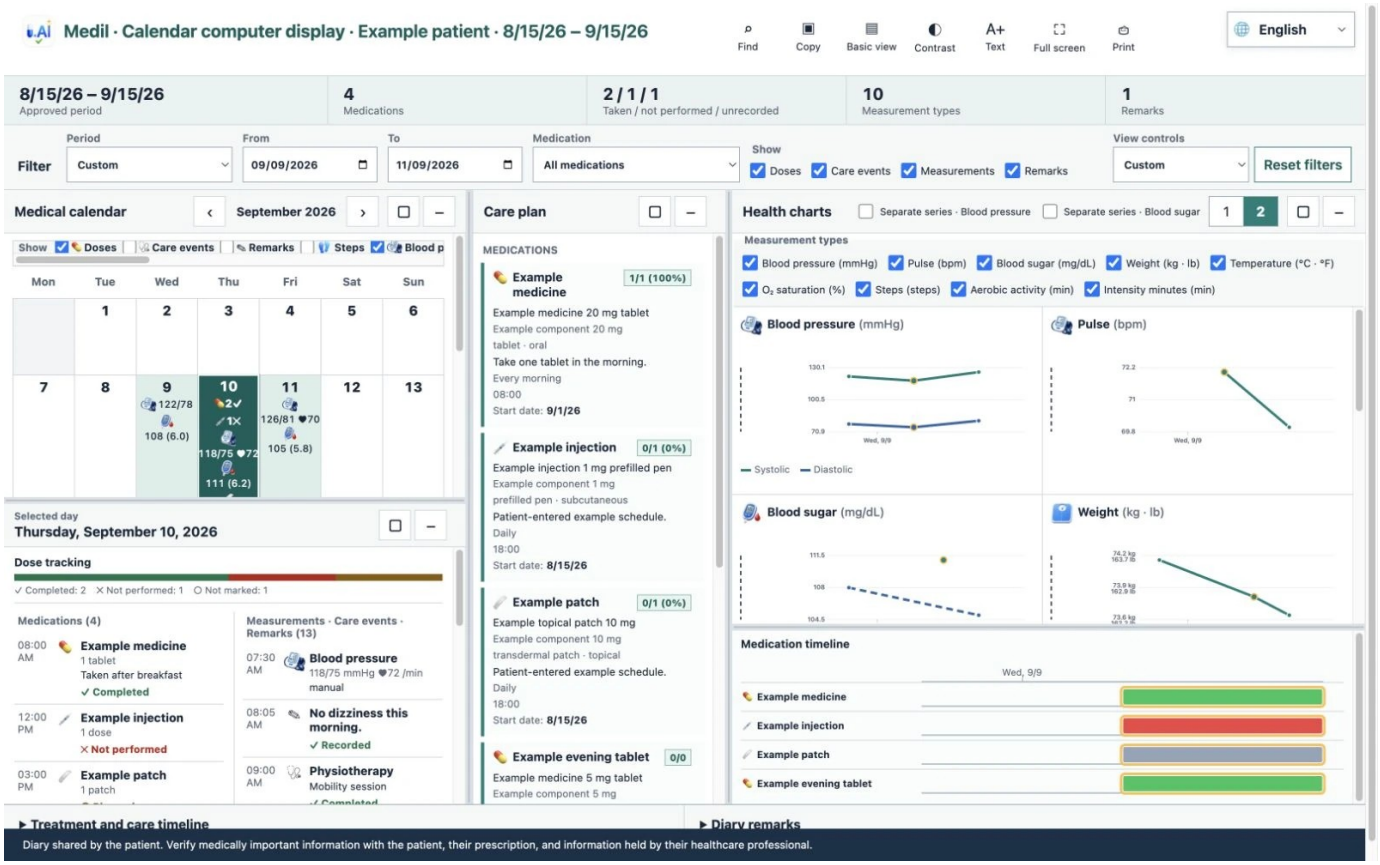
Chart mode shows sparse health measurements together with the medication uptake trace, helping patients and clinicians see timing relationships.

Show your Medical diary on a computer

Open view.medil.ai on the computer. In Medil AI on your phone, scan its QR code or enter its eight-character code, choose a diary period and approve sharing. Enter the four-digit verification code shown on your phone in the computer browser.

The read-only display brings the medical calendar, selected-day details, Care Plan, measurements and charts, and medication timeline together on one screen. You can review it together during an in-person or remote visit.

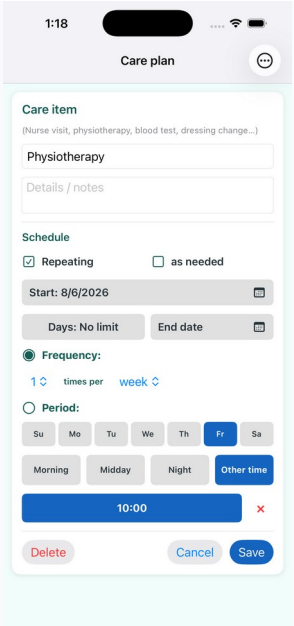
Available with Medil AI+ or an eligible free trial.

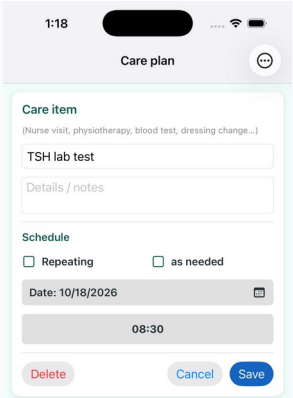


Example with synthetic records.

Optional with Medil AI+: manage care events

You can also use Medil AI to manage care events such as medical appointments, treatment-related tasks, and laboratory tests. Add a care event from Care plan by choosing Add care item. Once saved, it can notify you in advance and at the event time, and it appears in Care tracker and the medical diary. Adding care events requires an active Medil AI+ subscription and is included during the trial period.





11. Add a recurring care event

Choose Add care item, enter Physiotherapy, select Repeating, set it to once a week on Friday at 10:00, and save.

12. Add a one-time future task

Add a TSH lab test, leave Repeating off, choose a date eight weeks ahead and the intended time, then save.

Record home measurements and follow your treatment plan

Keep home measurements in your Medical diary

During the 14-day Medil AI+ trial, you can try manual measurement entry, authorized health import, and camera-assisted entry. Point the camera at a separate blood pressure monitor, glucometer (blood glucose meter), pulse oximeter, thermometer, or scale. Medil suggests the numbers it recognizes; review and save each value yourself. With your permission, sync copies existing measurements from Apple Health or Health Connect into Medil's local diary and does not write measurements back. Your phone does not take these physiological measurements.

Follow a prescribed changing-dose schedule

For selected treatments, Medil can show the changing-dose schedule you enter from your prescription. Review every stage. The app does not choose or change your dose. Medication scheduling and dose tracking remain free.

A September 2026 preprint documents Medil AI version 4.17's design, implemented functions, and intended-use boundaries.
[Read the preprint: https://doi.org/10.20944/preprints202609.0448.v1](https://doi.org/10.20944/preprints202609.0448.v1)

What is free, and what is Medil AI+

Free, always

Core medication organization stays free: medication search and medication pages, My Meds, dose scheduling and reminders, and intake tracking.

Medil AI+

Medil AI+ includes the entire Medical diary: manual measurement entry, camera-assisted reading of a home device's display, authorized import from Apple Health or Health Connect, the calendar and charts. It also includes barcode and prescription scanning (where available), AI-assisted prescription reading, plain-language summaries and translations, questions for the AI assistant of your choice with the context you select, and export and printing. These features can be tried during the free trial.

Eligible new users can try Medil AI+ free for the first 14 days — no commitment. Afterwards, the free features remain free, always.